



## **REFERRALS to COMMUNITY RESOURCES**

1. **"211" Info**

Free information and referrals for health, community, and social services

2. Legal Aid Services of Oregon (503-472-9561)

Free legal help in civil (non-criminal) matters for low-income families

2. Yamhill County Family Court (503-434-7487)

For couples who have filed divorce paperwork and have paid the fees.

Focus is on "building a parenting plan"

Family Court Facilitator (503-434-3040)

Arbitration & Mediation Coordinator (503-434-7459)

3. Yamhill County District Attorney's Crime Victim Services (503-434-7510)

4. Henderson House Family Crisis Shelter (503-472-0244 Office; 472-1503 Crisis)

Domestic violence and sexual assault issues.

5. Lutheran Community Services Northwest (503-472-4020 or 538-8686)

Individual and family counseling for adults, children and adolescents.

Counseling available in Spanish. Insurance, sliding fee, OR Health Plan.

7. Yamhill County Mental Health Dept., Adult Program (503-434-7523)

8. Alcoholics Anonymous - McMinnville (503-472-1172)

9. Al-Anon - McMinnville (503-435-4113)

10. Private counselors listed in phonebook

Counselors-Human Relations; Counselors-Personal

11. Senior peer counseling services

Dr. Jeff Lockhart, 503-472-9441 McMinnville, helps elderly people and often find alternatives for living for them.

12. Religious organizations - ministers and support groups listed in phonebook

# Yamhill County Mediation

P.O. Box 444, McMinnville, OR 97128

503.435.2835

[yam@ycmediation.org](mailto:yam@ycmediation.org)

## FOOD:

1. St. Barnabas Soup Kitchen 4-6 PM on Monday, Tuesday, Wednesday, and Friday.
2. Lunch in the Wortman Park 12-1 PM on Thursday.
3. Saturday Morning Breakfast with Cooperative Ministries 8-10 AM.
4. Saturday Community Dinner with First Presbyterian Church 5-6 PM.
5. Sunday Supper with Covenant Church 4-6 PM.
6. Food Banks:
  - a. YCAP (503-472-0457)
  - b. Newberg Community Kitchen (503-538-3104)
  - c. Church on the Hill (503-472-8476)
  - d. Dayton Food Pantry (503-864-2764)
  - e. Dundee Promise Pantry (503-554-9070)
  - f. Isaiah 58 Outreach/Amity (503-835-3275)
  - g. Joseph's Storehouse/Carlton (503-852-6434)
  - h. Lafayette Food Bank (503-864-8409)
7. Salvation Army (503-472-1009): Food & Utilities. Open Tuesday – Friday from 1-4 PM.
8. St. Vincent DePaul (503-472-6216): Provide food boxes, household items, utility assistance for shut off notices, clothing vouchers.

## 211 Info

**Dial "211" by phone to access referrals for all types of needs**

## HOUSING:

1. Henderson House Family Crisis Shelter (503-472-0244 Office; 503-472-1503 Crisis): Domestic violence and sexual assault issues.
2. Housing Authority of Yamhill County (503-434-6751).
3. Helping Hands (503-472-5904 McMinnville; 503-560-9387 Newberg): Drug Treatment clean & sober recovery house for women. Can stay up to 2 weeks free. If they decide to stay, will need to pay for those 2 weeks and a \$350 weekly rent. Some PO's will pay.
4. Love Inc. (503-537-3999): Overnight shelter for Women from 6pm-8am Connects families in need with local churches and service agencies who can help them.
5. Oxford House (503-883-9585 Men; 503-883-9310 Women): Residential clean & sober recovery house for women. Rent is \$350/month.
6. Simonka House (503-362-7487): Single women & women with children rescue mission. Provide emergency services, meals, shelter, shower, clean clothing, and personal care items. Can be 10 day or 90 day. Also has a life change program which can be a year or more.
7. UGM – Salem (503-967-6388): Emergency free housing mission with day room for men. Must be in by 6pm for dinner & chapel, Gave 18 month or longer life change program.
8. YCAP (503-472-0457): Shelter for women, women with children, and families. Have a waiting list and will help with utilities.

## CONFLICT RESOLUTION:

1. Your Community Mediators of Yamhill County. Free & low cost mediation for family, parenting plans, neighbor, workplace, etc. issues. Facilitation & conflict resolution education (503-435-2835)
2. Legal Aid Services of Oregon (503-472-9561): Free legal help in civil (non-criminal) matters for low-income families.
3. Yamhill County Family Court (503-434-7387): For couples who have filed divorce paper work and have paid the fees. Focus is on "building a parenting plan"; Family Court Facilitator (503-434-7259); Arbitration & Mediation Coordinator (503-434-7459)
4. Yamhill County District Attorney's Crime Victim Services

## MEDICAL:

1. Yamhill County Mental Health Dept. Adult Program (503-434-7523)
2. Alcoholics Anonymous, McMinnville (503-472-1172)
3. Virginia Garcia Clinic (503-472-1338): Low income medical services & prescriptions.
4. Oregon Health Plan (800-359-9517): Low income medical coverage.

## TRANSPORTATION:

1. YAMCO Transit (503-472-0457 Ext 122): McMinnville and Yamhill county buses with links to West Valley, Hillsboro, Tigard and West Salem.
2. Dial A Ride (503-474-4900 or 503-538-7433): Curb to curb transportation service throughout Yamhill County. \*am – 4:30pm Mon – Fri. Call 24 hours in advance to schedule a pick up. Not free.

## YOUTH SUPPORT:

1. Youth Outreach (Newberg) (503-538-8023): Services for runaway & homeless youth including emergency shelter.
2. Chehalem Youth & Family (503-538-4874): Residential treatment, youth service, counseling and educational support.
3. Court Appointed Special Advocates (CASA)(503-434-6668): For abused and neglected children to seek timely disposition for safe, stable and permanent homes.
4. Department of Human Services (DHS) – Child, Adults and Families (CAF) (503-472-0311 or 800-282-2126): Child protective services, family support services, childcare subsidy, jobs plus, TANF, food stamps and prevention programs.

## COUNSELING:

1. Lutheran Community Services Northwest (503-472-4020 or 503-538-8686): Individual and family counseling for adults, children and adolescents. Counseling available in Spanish. Insurance, sliding fee, OR Health Plan.
2. Senior peer counseling services, Dr. Jeff Lockhart (503-472-9441): McMinnville, helps elderly people and often find alternatives for living for them.
3. Yamhill Co-Chemical Dependency Services (503-434-7527): Counseling (outpatient).